YOUR PHYSICIAN WANTS YOU TO KNOW:
PRESCRIPTION DRUG MISUSE IS AN EPIDEMIC

Over 6.2 million people, ages 12 and above, report misusing prescription drugs.¹

If you are taking medications such as:
- OPIOIDS (for pain)
- SEDATIVES (for anxiety/sleep)
- STIMULANTS (for ADHD/weight loss)

Be aware! These medications are often stolen by family or friends. Some believe these medications are a safe way to "get high."

YOU can prevent a tragic overdose with a few simple precautions:

- Use medicine according to directions to prevent injury or death.
- Ask your doctor or pharmacist about interactions with other medications you may be taking.
- Do not share medicine! Sharing controlled substances is against the law.

Lock them up!
- Store meds in a locked cabinet, drawer, suitcase or safe.
- Do not store medications in kitchen cabinets or unlocked bathroom medicine cabinets.
- Do not leave out in the open, such as on a nightstand or in a purse.
- Do not take in the presence of children.

Safe Medication Disposal
- If possible, participate in your community's take-back programs.
- Follow disposal instructions furnished by the FDA.
- Do not flush medications down the toilet.
- Before disposing of empty medication packaging, scratch out all prescription information on the label.

¹Substance Abuse and Mental Health Services Administration, results from the 2019 National Survey on Drug Use and Health: National Surveys on Drug Use and Health Factsheets.